

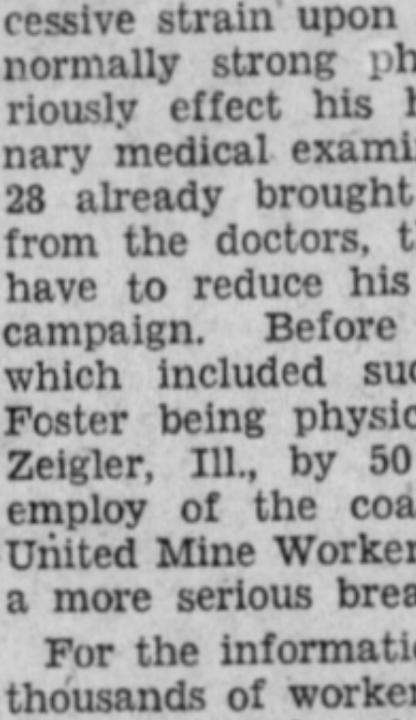
# TOUR STRAIN FORCES REST ON FOSTER

Heart Is Affected,  
Doctor's Letters  
Show

DUNNE COVERING DATES

Travelled 17,000 Miles,  
Spoke to 200,000

The illness of William Z. Foster, presidential candidate of the Communist Party, has made it necessary to cancel a large portion of the remaining part of an intensive national



FOSTER

speaking tour, which began on June 1. In the three months of June, July and August, Comrade Foster spoke at seventy meetings from coast to coast, traveling 17,000 miles and addressing over 200,000

listeners. This trip entailed such excessive strain upon Comrade Foster's normally strong physique as to seriously effect his heart. A preliminary medical examination on August 28 already brought serious warning from the doctors, that Foster would have to reduce his exertions in the campaign. Before another week, which included such experience as Foster being physically driven from Zeigler, Ill., by 50 gunmen in the employ of the coal companies and United Mine Workers, Foster suffered a more serious breakdown.

For the information of the tens of thousands of workers who have been disappointed by these developments in their desire to hear Foster, and the masses generally who are vitally interested in Comrade Foster's health, we are printing below a communication from Doctor Bernstein who is in charge of medical care for Comrade Foster.

Urged to Rest Last Month

"September 8, 1932.

"Mr. R. Saltzman,

"International Workers' Order,

"Dear Mr. Saltzman:

'On August 28, 1932, Mr. William Z. Foster presented himself at my office for a complete physical examination. He complained of recurrent attacks of oppression in the left side of his chest associated with extreme effort, particularly when delivering a speech. These attacks have appeared in the last eight weeks, are of varying severity and completely eliminated by rest and sleep.

"Although the physical examination does not reveal any gross deviations from normal, the history very strongly suggests the presence of a spasmodic disease of the coronary blood vessels, i.e., the blood vessels supplying the heart. The electrocardiogram reveals slight suggestive evidence to bear out this impression.

"A careful survey of Mr. Foster's activities for the past year indicates total disregard for his health and reserve. He is constantly working under terrific tension, has had practically no relaxation or recreation, gets a minimum of sleep and eats with great irregularity. This is the essential groundwork for heart strain and not infrequently leads to tragedy. I cannot too strongly emphasize the importance of his curtailing his future activities to some extent. His usefulness would no doubt be greatly increased, were he to manifest greater consideration for his physical reserve."

The above is a copy of the letter that was sent to Mr. Shaffer on August 29. I emphasized to Mr. Foster the importance of limiting his strain to the minimum and also cautioned him that should the pain become worse, he was to terminate his tour at once. He promised to limit his strain, cut down his schedule and modify the duration of his speeches. The following telegram was received by me on the evening of September 7.

September 7, 1932.

"Dr. S. Bernstein

"1125 Madison Ave.

"Much worse pain unceasing also weakness stop Pain developing left arm hand stop What do you advise Address 1413 West 18th St Chicago

"Foster"

I promptly answered as follows:

"Mr. William Z. Foster

"1413 West 18th St

"Chicago

"Insist immediate cessation of all activities. Bed rest and use of nitroglycerin for pain. Await letter."

The following letter was written at the same time.

"Suicidal to Continue Tour"

"Mr. William Z. Foster

"1413 West 18th St.

"Chicago, Ill.

'Dear Mr. Foster:

"The character and distribution of the pain confirm the original impression of coronary artery disease (angina pectoris). It would be absolutely suicidal to continue tour. Complete bedrest, the use of the nitroglycerin and the recording of the temperature are essential."

Foster is now resting in Chicago in compliance with the doctor's instructions.